Another very busy week for students and staff of Tweed Heads Public School! Some of the activities our students have been involved in this week include:

- Tweed River High School Science Day (selected Year 5/6 students)
- Australia’s Biggest Morning Tea (All Students)
- Local Area Walk - visiting Jack Evans Boat Harbour (Kinder and Year 1)
- Far North Coast Cross Country (5 students)
- Croquet at Tweed Croquet Club (Year 4, 5 & 6 students)
- Big5Sports - soccer and gymnastics (after school on Tues and Thurs)

Our students certainly have the opportunity to be involved in many other aspects of school life as well as regular classroom lessons.

Semester 2 Reports
All students will receive a half yearly report at the end of Week 8. Along with this report will be an interview slip for those parents who may have missed an interview at the end of Term 1.

Upcoming Events
Over the next 5 weeks of Term 2 THPS has a number of exciting events happening. Please check the upcoming events calendar in each week’s newsletter and remember to return any permission notes that your child brings home.

Have a good week.

Michael McNamara
Relieving Principal
Far North Coast Cross Country
On Friday 23 May, five students from THPS participated in the FNC Cross Country in Bangalow. The weather was really hot and we had to run through cow paddocks and a river, fortunately the river wasn’t very high but it didn’t make the run any easier. Four of us ran 3km and the other student ran 2km. Unfortunately no students made it through to the next level but overall it was a good experience for us all.

Written by Holly & Hirina

Jamie Oliver’s ‘Food Revolution Day’
On Friday 16 May 3S and 6/5R participated in the Jamie Oliver’s ‘Food Revolution Day’. In this lesson we learnt about making our very own Rainbow Salad Wrap. We helped Mr O’s big wish of getting as many children, families and grown ups to cook all around the world. By doing this activity we have learnt about where food comes from, how to cook it and how it affects your body. We have learned some skills needed to live a longer and healthier life.

Live Life Well @ School
Live Life Well at @ School is about promoting good health through nutrition and physical activity. There are a few new and exciting developments happening in this area. We are currently organising nude food days, cooking sessions for each class to promote healthy eating, and all families are receiving a colourful fridge magnet to keep with this newsletter. This magnet will serve as a reminder that packing a great, healthy lunchbox is best for your child and is as easy as 1, 2, 3 + water.

1. Pack a sandwich, roll or wrap
2. Add 2 vegetable or fruit snacks
3. Pick 2-3 more healthy snacks + bottle of water

School Banking
If any student would like to start banking, please call into the front office for more information.

SCHOOL BANKING COMPETITION
This year the Commonwealth Bank has introduced the students to the Lost City of Savings. Dollarmites have found sunken treasure in the underwater city and they want to share it with the students in the form of amazing prizes. To be in the running, students simply need to make three or more School Banking deposits during Term 2, regardless of the value. They will then be automatically be entered into the competition to win some fantastic prizes.

Canteen News
We have had a few more volunteers to help in our canteen and we are happy to announce that from Monday 2 June the canteen will be opening every Monday. If it wasn’t for the help we get from volunteers we wouldn’t be able to open.

Thank you for the support THPS.

P&C News
P&C MEETING
Thank you to those who attended the P&C Meeting last Monday 19 May. The next meeting is going to be held on Monday 23 June at 6pm in the library, everyone is welcome to come along.

SUGGESTION BOX IN SCHOOL OFFICE
The P&C are going to be putting a suggestion box into the School Office. If you have any suggestions or questions please put them into the box, please include your name and/or your child’s name if you require a response.

Australia’s Biggest Morning Tea
On Thursday 22 May during recess we sold some delicious goodies that filled all the hungry tummies in the school, including staff. The SRC would like to thank everyone for making the Australia’s Biggest Morning Tea such a success. We raised $346 which is being donated to the Cancer Council. THPS would like to congratulate the SRC for their time and great work selling and organising the morning tea.

Well done!
Term 2 Week 4 Awards

Weekly Student Blue Awards
KM  Jimara, Kalani
K/1F  Azahlia, Anna-Lea
1M  Mitchell, Cody
2C  Ariah, Calais
3/2F  Kohan, Paikea, Reuben
3S  Lachlan, Angelina, Wade
4M  Matthew, Rory, Jacinta
6/5C  Katie, Ruby, Zach
6/5R  Michaela, Dayne

Bookwork Awards
KM  Zahlia
K/1F  Lachlan
1M  Mitchell
2C  Anna
3/2F  Tiala
3S  Jalamari
4M  Mary-Jane
6/5C  Zetah
6/5R  Mika, Emily

Bronze Rippa Awards
KM  Pharai, Haillie, Tre, Riley, James, Chanel
K/1F  Cooper, Khan, Lachlan
1M  Sienna, Sara, Neekah, Keziah, Madison, Perle, Hailey
2C  Charlee, Sienna, Chloe, Alyssa, Skyla, Kona, Floyd
3S  Lachlan, Jack, Shelly
4M  Chloe, Chelsea, Jacinta, Jade
6/5C  Thomas, Lachlan
6/5R  Michaela, Lachlan

Silver Rippa Awards
6/5R  Emily

Welcome to Tweed Heads Public School
K/1F  Kai, Levi
3S  Samuel

‘COOLY ROCKS ON’ – Car Parking at School
Tweed Heads Public School is providing car parking for ‘Cooly Rocks On’ which is held over the June long weekend, therefore we are looking for volunteers to help.
We will be providing car parking on Saturday 7th and Sunday 8th June and need volunteers to help for 2 hour time slots from 8am to 4pm. Students received a note home last week regarding these times and days. Please return the note to the office as soon as possible so we can ensure all the necessary spots are filled.

‘COOLY ROCKS ON’ – Fundraising BBQ
With the car parking we are also going to have a BBQ. If you can volunteer please see Ruth in the canteen on a Wednesday or Friday for more details.

Enrolment changes in 2014
If for any reason there may be a change in family circumstances and/or your child’s enrolment here at Tweed Heads Public School in 2014, could you please advise the school office. Your assistance with this is greatly appreciated.

Absences
When a child is absent from school, the school needs notification by phone, a written note or you can come into the school to notify the office staff.

More School Photos
To see more of our fabulous students participating in school activities visit the school website and click on gallery.
www.tweedheads-p.schools.nsw.edu.au

Insert - Emotion or Mood & To Get Your Kids Loving Fruit & Vegetables
We have included an insert with the newsletter this week on Emotion or Mood & To Get Your Kids Loving Fruit & Vegetables for any interested parents. Nutrition Snippets from Eat It To Beat It.
Website: eatittobeatit.com.au

‘Smoothie Club’
Next week’s flavour: Mixed Berry
# See you next Thursday morning