It is our final week for Term 1 and I can hardly believe it! Time flies when you are having fun!

Parent Teacher Interviews
This is your last week to make appointments to discuss your child’s progress this term, so please don’t hesitate to make a time to have a chat with your classroom teacher and develop a clearer picture of your child’s learning and areas for development.

ANZAC DAY MARCH - Thursday 25th April
These school holidays we are participating in the ANZAC Memorial March on Thursday 25th April 2013. This is an opportunity to demonstrate and experience the values of citizenship, community awareness and school spirit. All students are welcome to participate and our School Captains and SRC Representatives are expected to participate in the March.

Students are to meet on Chalk Street, Coolangatta by 10am. Punctuality is very important as students need to assemble neatly before the March. Students must wear their full school uniform which includes school hat and black shoes or plain joggers. It is important that students make every effort to look their best. It may also be advisable for students to wear sunscreen. Miss Cutler and other teachers will be marching with the children to the Cenotaph in Wharf Street for the main service.

At the conclusion of the main service all children attending are invited to have a light snack and soft drink in the Twin Towns Services car park courtesy of the Twin Towns RSL. You may march with the children or choose to meet them at the end of the March at the Cenotaph in Wharf St (at the fountain) for the Service. Please return the note that went out last Friday to the office so that we know how many students will be attending. We look forward to seeing you there!

(Continued on page 2)
Term 2 - Staff Development Days

Monday 29 and Tuesday 30 April have been allocated as Staff Development Days and are therefore pupil free. The additional day is to assist staff in the implementation of the new Australian Curriculum. Students return to school for Term 2 on Wednesday 1 May.

State Swimming

Indiana travelled to Sydney to represent the North Coast in swimming on Tuesday 2 and Wednesday 3 April. Indiana competed in Freestyle, Backstroke, Breaststroke, Butterfly and Medley. Indiana placed 17th in Freestyle, 25th in Breaststroke, 9th in Backstroke, Butterfly she wasn’t sure of and 6th in the Medley race. Tweed Heads Public School would like to congratulate Indiana on her great effort over the last few weeks.

Tweed District Rugby League

Ben and Sunni made it into the Tweed District Rugby League team. They went to the Far North Coast Trials last Thursday 28 March at South Tweed Heads where they tried their best but were not chosen to continue on to the next level. Good effort boys!

Mothers’ Day Stall

On Wednesday 8th, Thursday 9th and Friday 10th May the P&C will hold its annual Mothers’ Day Stall at recess. Students will have a variety of gifts to choose for Mum ranging in price from $2 - $5.

Stewart House Donation Drive

Donation envelopes for Stewart House accompany this week’s newsletter. Stewart House is a school charity totally supported by the staff/students/parents of NSW Public Schools. It provides respite accommodation for those school children in need of a chance to experience new challenges.

Medical Notes

Thank you to all those parents who have returned the individual Health Care Plans for their children. If you have not returned the plans could they be handed to the school office.

Alicia Sibly
Relieving Principal

Permission Notes and Money

To assist us in the smooth running of our office procedures please deliver all permission notes and money to the front office before 8.55am. For security reasons no money/permission notes are to go to class teachers.

Nutrition for Children

WHAT’S FOR BREAKFAST?

- Breakfast refuels the body for the day’s activities and gives children the nutrients and energy to get them through the day as well as for their growth and development.
- Children who eat breakfast tend to be more alert and eager to learn than children who skip breakfast.

WHAT’S FOR LUNCH? - HINTS

- Add fruit and a drink (preferably water or milk)
- When lunches are brought from home AVOID FOOD POISONING BY KEEPING LUNCHES COOL: Use a frozen ice brick, drink or insulated lunch box
- fruit
- bread
- Be aware of potential choking hazards

‘FAST FOOD’ TIP:

Combine fast foods with healthy foods – for example:

- salads
- milk drinks
- fruit
- bread

Community News

TWEED SHIRE VACATION CARE

Tweed Shire Vacation Care are taking bookings now for the School Holidays starting Monday 15 April - Tuesday 30 April. For bookings please phone 5523 3708, fax 5523 3904 or visit the website www.tweedshirevacationcare.com.au

(Continued from page 1)
**Weekly Student Blue Awards**

**KF**
- Anna-Lea, Natalya

**K/1M**
- Matilda, Tom

**1F**
- Lee, Stevie-Lee, Celine

**1/2W**
- Sienna, Ethan

**2C**
- Angelina, Liam

**3S**
- Molly, Chloe, Sharmily

**4M**
- Chloe, Jackson

**5/6C**
- Zak, Alida, Rhianna

**5/6R**
- Paris, Dana, Corey

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**Bookwork Awards**

**KF**
- Barkou

**K/1M**
- Mitchell

**1F**
- Sharmaine

**2/1W**
- Latifa

**2C**
- Auburn

**4M**
- Dayne

**6/5C**
- Chloë, Mika

**6/5R**
- Sarada

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**GO4FUN**

Go4Fun is a free lifestyle program for 7–13 year old children who are above a healthy weight. The program is fun and interactive and supports children and their families to adopt a long-lasting approach to a healthy lifestyle. Over Term 2, the program will run for 10 weeks after school hours at the following locations across the Northern Rivers region:

- Tweed Heads
- Murwillumbah

*Registrations for Term 2 are now open for Tweed Heads and Murwillumbah (*numbers permitting). To book or find out more about Go4Fun call 1800 780 900 or email go4fun.nr@gmail.com

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**THE FAMILY CENTRE**

The Family Centre is a community based not-for-profit organisation that provides a range of quality services for families and individuals who reside in the Tweed Shire. Family Services aim to increase the safety and wellbeing of children and young people and strengthen family relationships. Family workers can meet with families at our centres in Tweed Heads South and Murwillumbah, in client homes or at other agreed locations.

For further information phone 07 5524 8711, website [www.thefamilycentre.org.au](http://www.thefamilycentre.org.au) or drop in during intake 15-17 Rivendell Tweed Heads South NSW between 9am - 12.30pm Monday to Friday.

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**STS - STUDENT EXCHANGE**

STS Student Exchange are seeking Aussie families who are willing to welcome an STS exchange student into their family. Volunteer families provide room & board and treat their host son or daughter as a member of their own family. Exchange students have their own money and medical insurance. For more information call 1800 263 964, visit the website [www.sts-education.com.au](http://www.sts-education.com.au) or email stsf@people.net.au

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**WORLD EDUCATION PROGRAM (WEP)**

World Education Program (WEP) is inviting you to experience another culture in your own home by becoming a volunteer host family to an international student arriving in July 2013. For more information call 1300 884 733 or visit the website [www.wep.org.au](http://www.wep.org.au)